FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per respense:	0.5							

					or	Secti	ion 30(h)	of the li	nvestmen	t Con	npany Act	of 19	940						
1. Name and Address of Reporting Person* SHARMAN ROBERT M JR					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
				-				,	L -					Directo			10% Ow		
-														- :	X Officer below)	(give title		Other (s below)	pecify
(Last) C/O BEY	I) OND ME	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 11/15/2022							See Remarks							
	NDARD S																		
				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable							
(Street)														Line	,	iled by One	Denor	ting Persor	,
EL SEGU	UNDO C	CA	90245												-	•		One Repor	
															Persor		o unam	опотторо.	9
(City)	(\$	State)	(Zip)																
		Tak	ole I - Noi	n-Deriv	ative	e Se	curitie	s Acc	quired,	Disp	osed o	of, o	r Bene	eficial	y Owned				
Date			e nth/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed		rities Acquired (A) d Of (D) (Instr. 3, 4			Benefici Owned F	es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount (A) or (D)		Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common	Stock			11/15	/2022	2			Α		15,843	3 (1)	Α	\$ 0 15,843 D				D	
			Table II -						,		osed of onverti	,		•	Owned				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date Security or Exercise (Month/Day/Year) if any			Date, T	ransaction of Code (Instr. Derivative		ive ies ed ed Instr.	6. Date Exercisable and Expiration Date (Month/Day/Year)				7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	illy I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
						1	1					۱,	mount	I	I			1	

Explanation of Responses:

\$15.78

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on November 15, 2022; 1/4th of the total number of shares subject to the RSU award vests on October 17, 2023 and 1. Restricted sock thins (100) glatter during the 2018 Equity inclinior in a first of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on October 17, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Date

Exercisable

(D)

Expiration

11/14/2032

Title

Stock

Remarks:

Stock Option

(right to

buy)

Senior Vice President, Global Sales.

/s/ Teri L. Witteman, as 11/17/2022 Attorney-In-Fact for Robert M. Sharman, Jr.

** Signature of Reporting Person Date

or Number

Shares

31,686

\$<mark>0</mark>

31,686

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

11/15/2022

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

A

(A)

31,686

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} Stock option granted under the Plan on November 15, 2022; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on October 17, 2023, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on October 17, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.