

OMB APPROVAL	
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Ajami Dariush</u> _____ (Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET _____ (Street) EL SEGUNDO CA 90245 _____ (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 05/01/2019	3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Chief Innovation Officer	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	2,083	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date				
Stock Option (right to buy)	(1)	06/02/2025	Common Stock 4,584	0.93	D	
Stock Option (right to buy)	(2)	05/11/2026	Common Stock 3,333	0.95	D	
Stock Option (right to buy)	(3)	07/19/2026	Common Stock 18,561	0.95	D	
Stock Option (right to buy)	(4)	02/01/2027	Common Stock 13,334	1.56	D	
Stock Option (right to buy)	(5)	05/03/2027	Common Stock 3,333	1.56	D	
Stock Option (right to buy)	(6)	07/21/2021	Common Stock 26,857	3	D	
Stock Option (right to buy)	(7)	10/23/2028	Common Stock 66,669	17.03	D	
Stock Option (right to buy)	(8)	11/14/2029	Common Stock 61,875	17.03	D	

Explanation of Responses:

- Stock option granted under the 2011 Equity Incentive Plan ("Plan") on June 3, 2015; the option vested and became exercisable as to 25% of the total shares on May 11, 2016, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on May 11, 2019, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on May 12, 2016; the option vested and became exercisable as to 25% of the total shares on March 7, 2017, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on March 7, 2020, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on July 20, 2016; the option vested and became exercisable as to (1) 25% of the total shares on February 4, 2017 and 1/48th of the total shares in (1) and (2), respectively, vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on May 11, 2019, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on February 2, 2017; the option vested and became exercisable as to 25% of the total shares on August 15, 2017, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on August 25, 2020, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on May 4, 2017; the option vested and became exercisable as to 25% of the total shares on May 1, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on May 1, 2021, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on July 25, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on July 1, 2021, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

7. Stock option granted under the Plan on October 24, 2018; the option vests and becomes exercisable as to 25% of the total shares on July 16, 2019, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on July 16, 2022, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

8. Stock option granted under the Plan on November 15, 2018; the option vests and becomes exercisable as to 25% of the total shares on July 16, 2019, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on July 16, 2022, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

Remarks:

Ex. 24 Power of Attorney attached.

/s/ Mark J. Nelson, Attorney- 05/01/2019
In-Fact for Dariush Ajami

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya Rajan, and each of them, the undersigned's true and lawful attorney-in-fact to

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in accordance with Section 16(a) of the Exchange Act;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complete and execute any amendment or amendments thereto, and time
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party, including brokers, employee benefit plan administrators and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights herein granted.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of March 2019.

/s/ Dariush Ajami

Signature

DARIUSH AJAMI

Print Name