FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL								
	OMB Number:	3235-0104						
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address Adcock George			2. Date of Event R Statement (Month) 12/08/2021		3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]									
(Last) C/O BEYOND MI 119 STANDARD (Street) EL SEGUNDO (City)		90245 (Zip)			Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director				If Amendment, Date of Original Filed (Month/Day/Year)     Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Beneficially Owned														
1. Title of Security (Instr. 4)						of Securities Beneficially				4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 4)  2. Date Exercis Expiration Date (Month/Day/Yea					Security (Instr. 4) Conv			4. Conversion or Exercise Price of	se or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)				
			Date Exercisa	Expiration Date	Title		N	mount or lumber of hares	Derivative Security	e (Instr. 5)				

Explanation of Responses:

Remarks:

No securities are beneficially owned.

/s/ Teri L. Witteman, as Attorney-In-Fact 12/16/2021

for George Bernard Adcock \*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

## POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman and Ph:

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beautiful take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beautiful taken and the contract of the contract

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respec

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 16th day of December, 2021.
/s/ George Bernard Adcock

Signature

GEORGE BERNARD ADCOCK

Print Name