FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL							
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add	Date of Event Requiring Stater Month/Day/Yea 08/20/2019	g Statement Day/Year) BEYOND MEAT, INC. [BYND]											
	C/O BEYOND MEAT, INC.				4. Relationship of Reporting Pers (Check all applicable) Director Officer (give title		on(s) to Issue 10% Owne Other (spe	er (5. If Amendment, Date of Original Filed (Month/Day/Year)				
119 STANDARD STREET						below)	below)	1 6	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)						Chief People Of	ficer		X Form filed by One Reporting Person				
EL SEGUNDO	CA	90245								Form filed by Reporting Pe	y More than One erson		
(City)	(State)	(Zip)											
Table I - Non-Derivative Securities Beneficially Owned													
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)				4. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock						2,537 ⁽¹⁾ D							
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (In			4. Conversi or Exerci Price of	ion (5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiration Date	n Title		Amount or Number of Shares	Derivativ Security	/e 0	or Indirect (I) (Instr. 5)			
Stock Option (right to buy)		(2)	02/14/2028	В	Common Stock	38,263	3		D			
Stock Option (right to buy)		(3)	07/31/2029	9	Common Stock	5,073	176.04	4	D				

Explanation of Responses:

1. These shares represent restricted stock units ("RSUs") granted to the Reporting Person under the 2018 Equity Incentive Plan (the "Plan") on August 1, 2019; 1/16th of the total number of shares subject to the RSU award shall vest on November 1, 2019 and 1/16th of the total number of shares subject to the RSU award shall vest each quarter thereafter, such that the RSUs are fully vested on August 1, 2023, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

Remarks:

Exhibit 24 Power of Attorney attached.

/s/ Mark J. Nelson, Attorney-In-Fact for Cari Soto 08/2

08/22/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{2.} Stock option granted under the Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on August 10, 2018, and and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on August 10, 2021, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

^{3.} Stock option granted under the Plan on August 1, 2019; 1/48th of the total shares vests and becomes exercisable on September 1, 2019, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on August 1, 2023, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.