UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4	
or Form 5 obligations may continue. See Instruction 1(b).	

FORM 4

Check this box if no longer subject or Form 5 obligations may continue		Fil	ed pursuant t	o Section 16(in 30(h) of the	a) of the Se	ecurities	Exchange			hours per response:			0.5						
1. Name and Address of Reporting Person [*] Ajami Dariush						lame and Tic	g Symbol	any Act of	1940	(Check	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Ow								
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET						Earliest Trans 19	saction (Mont	h/Day/Year)				X Officer (give title below) Other (specify below) Chief Innovation Officer						
(Street) EL SEGUNDO CA 90245					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (S	itate)	(Zip)																
			Т	able I - I	Non-Deri	vative Se	curities A	cquired,	, Dispo	osed of,	, or Benef	icially Ow	ned						
1. Title of Security (Instr. 3)				2. Transacti Date	Execu	2A. Deemed Execution Date,	3. Transaction Code (Instr. 8) 4. Se 3, 4		4. Securit 3, 4 and 5	ecurities Acquired (A) or Disposed Of (D and 5)			D) (Instr. 5. Amount of Securiti Beneficially Owned F Reported Transaction		6. Ownership Fo Direct (D) or Ind	or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr.		
					(Month/Day		h/Day/Year)	Code	Code V Amou		t (A) or (D)		Price	(Instr. 3 and 4)	n(s)	(Instr. 4)		4)	
Common Stock					05/06/2019			Р		2,	.000	Α	\$25	2,000(1)	2,000 ⁽¹⁾		I By s		
Common Stock														2,083		D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac (Instr. 8)	tion Code	Securities A	umber of Derivative urities Acquired (A) or osed of (D) (Instr. 3, 4 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Derivative Se	mount of Sec scurity (Instr. 3	urities Underlying and 4)	9 8. Price of Derivative Security (Instr. 5)	9. Numbe derivativ Securitie Beneficia Owned Followin	re Form: D es (D) or Ir ally (I) (Instr	irect direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)			xpiration ate			Amount or Number of Sh	ares	Reported Transact (Instr. 4)	tion(s)			
Explanation of Responses:																			

1. Represe its sh

res acquired pursuant to a directed share program in connection with the Issuer's initial public offering of Common Stock. Remarks:

> /s/ Mark J. Nelson, Attorney-In-Fact for Dariush Ajami ** Signature of Reporting Person

05/08/2019 Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 76ff(a).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya Rajan, and eac (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, comple (3) seek or obtain, as the undersigned's representative and on the undersigned which, in the opinion on transactions in the Company's securities from any third party (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best : The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necess This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersig IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 25th day of March 2019.

/s/ Dariush Ajami

Signature

DARIUSH AJAMI Print Name