Instruction 1(b)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* WITTEMAN TERI L					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]									tionship of Reporting F all applicable) Director Officer (give title		g Pers	10% Ov	vner	
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET						3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023									below) Chief	Phief Legal Officer, Secretary			
(Street) EL SEGUNDO CA 90245 (City) (State) (Zip)					_ 4. I _	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				saction	ction 2A. Exe		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			or 5. Amou		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) o (D)	Price	- 1	Transaction(s) (Instr. 3 and 4)				(11341. 4)
Common Stock 02/28/2					8/2023	2023		Α		28,027	28,027 ⁽¹⁾ A)	62,846			D		
Common Stock 02/28/2				8/2023	2023		F		1,004 ⁽²⁾ D S		\$17.	.84	61,842			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactic Code (Ins		on of		6. Date Exercisable and Expiration Date (Month/Day/Year)		Э	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Dei	Price of rivative curity str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	lly	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares						
Stock Option (right to buy)	\$17.84	02/28/2023			A		46,664		(3)		02/27/2033	Common Stock	46,664	1	\$0	46,664	4	D	

Explanation of Responses:

- 1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on February 28, 2024 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.
- 2. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the Plan.
- 3. Stock option granted under the Plan on February Stock option granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

/s/ Teri L. Witteman

03/02/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.