

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person* <u>Nelson Mark Joseph</u> _____ (Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET _____ (Street) EL SEGUNDO CA 90245 _____ (City) (State) (Zip)			2. Issuer Name and Ticker or Trading Symbol <u>BEYOND MEAT, INC. [ BYND ]</u>			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ Officer (give title below) _____ Other (specify below) _____ CFO & Treasurer		
			3. Date of Earliest Transaction (Month/Day/Year) 06/04/2020			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person		
			4. If Amendment, Date of Original Filed (Month/Day/Year)					

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	06/04/2020		M		17,946	A	\$0.95	213,556	D	
Common Stock	06/04/2020		M		7,054	A	\$0.95	220,610	D	
Common Stock	06/04/2020		S <sup>(1)</sup>		12,808	D	\$135.3792	207,802	D	
Common Stock	06/04/2020		S <sup>(2)</sup>		11,792	D	\$136.4356	196,010	D	
Common Stock	06/04/2020		S <sup>(3)</sup>		400	D	\$137.105	195,610	D	
Common Stock	06/05/2020		M		51,065	A	\$0.95	246,675	D	
Common Stock	06/05/2020		S <sup>(4)</sup>		14,491	D	\$133.4127	232,184	D	
Common Stock	06/05/2020		S		10	D	\$133.87	232,174	D	
Common Stock	06/05/2020		S <sup>(5)</sup>		33,336	D	\$135.2012	198,838	D	
Common Stock	06/05/2020		S <sup>(6)</sup>		2,128	D	\$136.5974	196,710	D	
Common Stock	06/05/2020		S <sup>(7)</sup>		1,100	D	\$137.2855	195,610	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Stock Option (right to buy)	\$0.95	06/04/2020		M			17,946	(8)	02/03/2026	Common Stock	17,946	\$0	0	D	
Stock Option (right to buy)	\$0.95	06/04/2020		M			7,054	(9)	07/19/2026	Common Stock	7,054	\$0	53,193	D	
Stock Option (right to buy)	\$0.95	06/05/2020		M			51,065	(9)	07/19/2026	Common Stock	51,065	\$0	2,128	D	

Explanation of Responses:

- This transaction was executed in multiple trades at prices ranging from \$135.00 to \$135.99. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$136.00 to \$136.99. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$137.00 to \$137.11. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$132.840 to \$133.825. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$135.00 to \$135.960. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$136.00 to \$136.98. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.

7. This transaction was executed in multiple trades at prices ranging from \$137.00 to \$137.76. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.

8. Exercise of fully vested stock options granted on February 4, 2016 under 2011 Equity Incentive Plan (the "Plan").

9. Exercise of stock options granted under the Plan on July 20, 2016; the remaining option will vest and become exercisable on July 20, 2020, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

**Remarks:**

/s/ Teri L. Witteman, as  
Attorney-In-Fact for Mark J. Nelson      06/08/2020

\*\* Signature of Reporting Person      Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.**