Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.0	C. 20549
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to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
obligations may continue. See		

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* SOTO CARI					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]										k all applicable) Director Officer (give title				vner	
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET					3. Date of Earliest Transaction (Month/Day/Year) 08/03/2020										Chief People Officer					
(Street) EL SEGU		CA (State		0245 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check A Line) X Form filed by One Reporting Pers Form filed by More than One Rep									on				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					/Year) Executi		ution Date,		Transaction D		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)) or 4 and	Securit Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										Code	v	Amount	(A) or Pri		rice	Transaction(s) (Instr. 3 and 4)				(111341. 4)
Common Stock 08/03					08/03/2	:020				F		55(1)	D	\$	134.32	10	10,615		D	
Common Stock 08/05/2					2020				S		103 ⁽²⁾ D		\$	130.08	3 10,512			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	on [se (3. Transaction Date Month/Day/Year)	if any	emed tion Date, n/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration D (Month/Day/		ate	7. Title an Amount o Securities Underlyin Derivative Security (3 and 4)		De Se (In:	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Own Forn Direc or In (I) (Ir	LO. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Cod				Code	v	(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amor or Num of Share	ber							

Explanation of Responses:

- 1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.
- 2. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person

Remarks:

/s/ Teri L. Witteman, Attorney-08/06/2020 In-Fact for Cari Soto

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.