FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C. 20549
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Check this box if no longer subject	STATEMENT OF
to Section 16. Form 4 or Form 5	
obligations may continue. See	
Instruction 1(b).	Filed pursuant

CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TRASK MARGARET J					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]										ck all app	,		rson(s) to Is 10% O Other (wner
	(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET					3. Date of Earliest Transaction (Month/Day/Year) 12/13/2022										Chief Peo	below)		
(Street) EL SEG	UNDO CA		0245-3 Zip)	3833	4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	, Dis	posed of	, or E	Bene	ficiall	y Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution					4. Securitie Disposed 0 5)			4 and Secur Benef		cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D) Pr		rice	Transa	Transaction(s) (Instr. 3 and 4)			(111341. 4)
Common Stock 12/13/2					2022				F		42(1)	D	\$	14.52	.52 17,119			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	tive Conversion Date Execution Date, ity or Exercise (Month/Day/Year) if any				Transaction Code (Instr.		vative vrities vired r osed) r. 3, 4	6. Date	ion Da	ear) Securi Underl Deriva Securi 3 and 4		unt of rities rlying ative rity (Ins	Str.	Price of privative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership t (Instr. 4)		
					Code	v v	(A)	(D)	Exercis	able	Date	Title	Share	es					

Explanation of Responses:

1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.

Remarks:

/s/ Teri L. Witteman, as Attorney-In-Fact for Margaret 12/14/2022 J. Trask

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.