FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549	
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OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

_	Check this box if no longer subject to Section 16.	
٦	Form 4 or Form 5 obligations may continue. See	
_	Instruction 1(h)	

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Goldman Seth					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]									onship of Reporting applicable) Director Officer (give ti	ng Person(s) to Issuer 10% Owr		ner pecify below)		
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/24/2022											outer (op		
(Street) EL SEGUNDO (City)	CA (State)	90 (Zip	245	4	If Amendment, Date of Original Filed (Month/Day/Year)									dividual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Table I -	Non-D	erivative	Securi	ities Ac	quired,	Disp	osed of	, or Be	neficially	Owned						
			Date	ansaction th/Day/Year	2A. Deemed Execution Date, if any	Code (Instr. 8) (D			4. Securities Acquired (A) or Dispos (D) (Instr. 3, 4 and 5)			5. Amount of Sec Beneficially Own Following Report	ed ted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial			
						(Month/	(Month/Day/Year)		v	Amount		(A) or (D)	Price	Transaction(s) (Ir and 4)	Instr. 3			Ownership (Instr. 4)	
Common Stock				05	05/24/2022		A		2,982(1)		Α	\$ <mark>0</mark>	767,081 ⁽²⁾		D				
Common Stock													178,659		1	1	By Julie D. Farkas Revocable Trust		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code (Ir	nstr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		Underl		. Title and Amount of S Inderlying Derivative Se and 4)				es Fo ally (D In	wnership orm: Direct) or direct (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Security		Code	v	A) (D)		Date Exercis	Expiration Date		Nu Nu		Amount or Number of Shares		Reported	ransaction(s)				

Explanation of Responses:

Laplantation of Responses.

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 24, 2022. The RSU award vests in equal monthly installments over the 12-month period following the grant date, subject to the Reporting Person's continued service through each vesting date, and subject to accelerated vesting upon a Change in Control (as defined in the Plan).

2. Includes shares held by the Seth Goldman Revocable Trust of which the Reporting Person is the settlor, sole trustee and sole beneficiary. Such shares were reported as indirectly held in previous Form 4s.

Remarks:

Ex 24 Power of Attorney attached.

/s/ Teri L. Witteman, as Attorney-In-Fact 05/26/2022 for Seth Goldman

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beauthorized the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with:

 IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 28th day of February, 2022.

/s/ Seth Go.

Signature

Seth Goldman

Print Name