FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
l	hours per response	: 0.5								

	Check this box if no longer subject
$\Box$	to Section 16. Form 4 or Form 5
$\cup$	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					or Se	Cuon	30(II) C	or the	invesime	ini Co	mpany Act o	1940								
Name and Address of Reporting Person*     Goldman Seth						2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]									Relationship of Reporting Person(s) to Issue (Check all applicable)     X Director 10% Owner					
(Last)	(F	irst) (	Middle	)	3. Date of Earliest Transaction (Month/Day/Year) 05/24/2023										er (give title			r (specify		
C/O BEYOND MEAT, INC. 888 N. DOUGLAS STREET, SUITE 100						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person					
(Street)	reet) L SEGUNDO CA 90245												Form filed by More than One Reporting Person							
(City)	(State) (Zip)					Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Table	I - No	on-Deriva	tive S	ecu	rities	AC	quired,	Dis	posed of	, or E	Benefic	ially Owr	ned					
1. Title of Security (Instr. 3)  2. Transacting Date (Month/Day)					Execution Date,			3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, and 5)			Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									Code	v	Amount	(A) c (D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)					
Common Stock 05/24/20						)23			A		8,228(1)	A	\$0	775,	775,309(2)		D			
Common Stock														178	178,659		I	By Julie D. Farkas Revocable Trust		
		Tal	ble II	- Derivativ (e.g., pu							osed of, convertib				ed					
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date or Exercise (Month/Day/Year) if any				4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)				ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			10. Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)		
				Cod		v	(A)	(D)	Date Exercis	or Num Oate Expiration of		Number								

## ${\bf Explanation\ of\ Responses:}$

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 24, 2023. The RSU award vests in equal monthly installments over the 12-month period following the grant date, subject to the Reporting Person's continued service through each vesting date, and subject to accelerated vesting upon a Change in Control (as defined in the Plan).

2. Includes shares held by Seth Goldman Revocable Trust of which the Reporting Person is the settlor, sole trustee and sole beneficiary.

## Remarks:

/s/ Teri L. Witteman, as

Attorney-In-Fact for Seth 05/26/2023

Goldman

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.