FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

	OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address DIEU HENRY	2. Date of Event Requii Statement (Month/Day/ 10/13/2022		3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]										
(Last) C/O BEYOND MI 119 STANDARD (Street) EL SEGUNDO (City)	*	90245 (Zip)				onship of Reporting Person(s) to Iss Il applicable) Director Officer (give title below) See Remarks.	uer 10% Owner Other (spec	fy below)	6. Inc	dividual or Joint/Grou	Original Filed (Month/Day/Year) up Filing (Check Applicable Line) One Reporting Person Nore than One Reporting Person		
Table I - Non-Derivative Securities Beneficially Owned													
1. Title of Security (Instr. 4)					2. Amount Owned (Ins		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Natu	4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock						12,805(1)	D						
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable an Expiration Date (Month/Day/Year)				ate	Security (Instr. 4)			4. Conve	rcise	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiration Date	Title		Amount of Number of Shares	r Deriva	tive	(msu. ə)			
Stock Option (right to buy) (2) 05/12/					2 Common Stock		25,609	31.24		D			

Explanation of Responses:

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 13, 2022; 1/4th of the total number of shares subject to the RSU award vests on April 4, 2023, and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on April 4, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person. 2. Stock option granted under the Plan on May 13, 2022; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on April 4, 2023, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable monthly thereafter, such that the option becomes fully vested and exercisable on April 4, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Vice President, Corporate Controller, Principal Accounting Officer Ex 24 Power of Attorney attached.

/s/ Teri L. Witteman, as Attorney-In-Fact 10/20/2022 for Henry Dieu

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beauthorized the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with:

 IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 13th day of October, 2022.

/s/ Henry Die

Signature

HENRY DIEU

Print Name