UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*
   Muth Charles
   C/O BEYOND MEAT, INC.
   119 STANDARD STREET
   EL SEGUNDO CA 90245

2. Issuer Name and Ticker or Trading Symbol
   BEYOND MEAT, INC. [ BYND ]

3. Date of Earliest Transaction (Month/Day/Year)
   10/06/2020

4. If Amendment, Date of Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer
   (Check all applicable)
   Director
   10% Owner
   Officer (give title below)
   Chief Growth Officer

6. Individual or Joint/Group Filing (Check Applicable Line)
   X Form filed by One Reporting Person
   Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Date of Transaction</th>
<th>Title of Security</th>
<th>Number of Shares</th>
<th>Code</th>
<th>Amount</th>
<th>(A) or (D)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/06/2020</td>
<td>Common Stock</td>
<td>10,000</td>
<td>M</td>
<td>10,000</td>
<td>A</td>
<td>$3</td>
</tr>
<tr>
<td>10/06/2020</td>
<td>Common Stock</td>
<td>10,000</td>
<td>X</td>
<td>10,000</td>
<td>D</td>
<td>$175.92</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Date of Transaction</th>
<th>Title of Derivative Security</th>
<th>Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3 and 4)</th>
<th>Code</th>
<th>Amount</th>
<th>(A) or (D)</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/06/2020</td>
<td>Stock Option (right to buy)</td>
<td>10,000</td>
<td>M</td>
<td>10,000</td>
<td>(2)</td>
<td>05/31/2023</td>
</tr>
</tbody>
</table>

Explanation of Responses:
1. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
2. Exercise of stock option granted under the 2011 Equity Incentive Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on May 30, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on May 30, 2021, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

Remarks:

/s/ Teri L. Witterman, as Attorney-In-fact for Charles Muth

** Signature of Reporting Person

Date 10/07/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.