FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response.	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Muth Charles						2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]										neck all appl Direct	applicable)		Person(s) to Issuer  10% Owner Other (specify			
	(FI YOND ME NDARD S'	AT, INC.	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 04/16/2020										^ below	below) below)  Chief Growth Officer					
(Street) EL SEG	UNDO C.	tate) (	90245 (Zip)		,	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person											n					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
D			2. Transaction Date (Month/Day/Year)		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.			4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			(A) or 3, 4 and	Benefic Owned	ies ially Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership			
				C	Code			v	Amount	(A) or (D)		Price	Reporte Transac (Instr. 3	ction(s)			(Instr. 4)					
Common	ommon Stock 04/				5/2020	)				M		8,000	)	Α	\$3	25	258,279		D			
Common	Stock			04/16	5/2020	)				S <sup>(1)</sup>		8,000	)	D	\$75.4	12 25	0,279	D				
Common	Stock															1	,628	I <sup>(2)</sup> By Son				
		Т										sed of onverti				Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date, Transact Code (In:					6. Date Exercisa Expiration Date (Month/Day/Year				7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title	O N O	umber							
Stock Option (right to	\$3	04/16/2020			М			8,000		(3)	0:	2/14/2028	Comm		3,000	\$0	147,51	2	D			

## **Explanation of Responses:**

- $1. \ The \ sale\ reported\ in\ this\ Form\ 4\ was\ effected\ pursuant\ to\ a\ Rule\ 10b5-1\ trading\ plan\ adopted\ by\ the\ Reporting\ Person.$
- 2. Shares held by son who shares Reporting Person's household. The Reporting Person disclaims beneficial ownership of the shares held by his son, and this report should not be deemed an admission that the Reporting Person is the beneficial owner of his son's shares for purposes of Section 16 or for any other purpose.
- 3. Exercise of stock option granted under the 2011 Equity Incentive Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on May 30, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on May 30, 2021, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

## Remarks:

/s/ Teri L. Witteman, as Attorney-In-fact for Charles

04/20/2020

Muth

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.