FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1. Name and Address of Reporting Person*						Issuer Name and Ticker or Trading Symbol								5. Relationship of Reporting Person(s) to Issuer					
SEGAL NED D.				<u> </u>	BEYOND MEAT, INC. [ BYND ]							1.	(Check all applicable)  X Director 10						
													X	Officer (give	titla balau	٨	10% Ow	pecify below)	
(Last)	(First)	(Mi	ddle)	3	3. Date of Earliest Transaction (Month/Day/Year)									Officer (give	ille below	')	Other (sp	becity below)	
C/O BEYOND MEAT. INC.					05/24/2022														
119 STANDARD STR	EET																		
				4	If Amendment, Date of Original Filed (Month/Day/Year)							6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street)												X	X Form filed by One Reporting Person						
EL SEGUNDO	CA	90	245											Form filed by	More tha	n One F	Reporting Pers	on	
(City)	(State)	(Zip	o)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
District Control of the Control of t				Date	onth/Day/Year)   if any		on Date,	3. Transaction Code (Instr. 8) 4. Securities Ad (D) (Instr. 3, 4 a)					isposed Of	Beneficially Owner Following Reporte		ed Direct (D) o		7. Nature of Indirect Beneficial	
						(Month/Day/Year)		Code	v	Amount (A) or		(A) or (D)	Price	Transaction(s) ( and 4)	nstr. 3		Ownership (Instr. 4)		
Common Stock				05/	/24/2022			Α	A 2,982 <sup>(1)</sup> A		\$0	4,830	4,830		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
			4. Transi Code (In	istr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of S Underlying Derivative So 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Num derivati Securit Benefic Owned Followi	ive ies cially	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
Evaluation of Desposes				Code	e V (A) (D)					Expiration Date	Title		Amount or Number of Shares		Reporte Transa (Instr. 4	ed ction(s)	(11130. 4)		

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 24, 2022. The RSU award vests in equal monthly installments over the 12-month period following the grant date, subject to the Reporting Person's continued service through each vesting date, and subject to accelerated vesting upon a Change in Control (as defined in the Plan).

## Remarks:

Ex 24 Power of Attorney attached.

/s/ Teri L. Witteman, as Attorney-In-Fact for Ned D Segal 05/26/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beauthous to undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers.

  This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with:

  IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 1st day of March, 2022.

/s/ Ned Sega

Signature

Ned Segal

Print Name