FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
OMB Number:	3235-028
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			0	Section 30(II) or ti	ie investine	int Comp	ally Act of 1940					
Name and Address of Rep Muth Charles	2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]							tionship of Reporting Person(s) t all applicable) Director	o Issuer	or		
									_ _ <u>></u>			ecify below)
(Last) C/O BEYOND MEAT, 119 STANDARD STRE								Chief Growth Officer				
(Street) EL SEGUNDO	CA	90245	4. If Amendment, Date of Original Filed (Month/Day/Year)						Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (I 3, 4 and 5)		ed Of (D) (Instr.	5. Amount of Securities Beneficially Owned Following		7. Nature of Indirect Beneficial
	Code	v			Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	Ownership (Instr. 4)		
Common Stock			11/05/2019		М		50,000	A	\$3	244,191	D	
Common Stock			11/05/2019		S		48,756	D	\$82.9985(1)	195,435	D	
Common Stock	11/05/2019		S		1,244	D	\$83.3918(2)	194,191	D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)												

Stock Option (right to buy) Explanation of Responses:

1. This transaction was executed in multiple trades at prices ranging from \$82,3100 to \$83,3000. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.

(3)

6. Date Exercisable and Expiration Date (Month/Day/Year)

Expiration Date

02/14/2028

5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4

50,000

- 2. This transaction was executed in multiple trades at prices ranging from \$83.3500 to \$83.5000. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.

 3. Exercise of stock option granted under the 2011 Equity Incentive Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on May 30, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on May 30, 2021, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

Remarks:

Exhibit 24.1 Power of Attorney attached.

an, as Attorney-In-fact for Charles Muth

7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)

Common Stock

11/06/2019

** Signature of Reporting Person

Amount or Number of Share

50,000

Date

\$0

231,260

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\$3

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

11/05/2019

3A. Deemed Execution Date,

M

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Teri L. Witteman, and each (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complet (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necess

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned is not longer required to file Forms 3, 4, and 5 with respect to file Forms 3, 4, and 5 with respect to file Forms 3, 4, an IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of October, 2019.

/s/ Charles Muth Signature

CHARLES MUTH Print Name