FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response:	0.5						

_	Check this box if no longer subject to Section 16. Form 4 or Form 5									
J	obligations may continue. See Instruction 1(b).									

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O BEY	MAN RC (F YOND ME	AT, INC.	(Middle)	- <u>B</u>	2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023									k all applic Directo	able) r (give title		10% Ov Other (s below)	vner	
(Street)	JNDO CA 90245 (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)							L	ine) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				saction	2A. Deemed Execution Date,		3. Transa Code (I	ction	4. Securities Acquired (A Disposed Of (D) (Instr. 3,		ed (A) o	or 5. Amou 4 and Securitie Benefici		nt of 6. Over the form (D) of (I) (Ir		n: Direct r Indirect estr. 4)	7. Nature of Indirect Beneficial Ownership		
Common Stock 02				02/2	8/202	3/2023		Code	v	Amount 28,027	(A) or (D) Pri		e i0	Transact (Instr. 3 a	43,870		D	(Instr. 4)	
1. Title of Derivative Security or Exercise (Month/Day/Year) (Month/Day/Year) (e.g., pt. 4. Execution Date Execution Date or Exercise (Month/Day/Year) (figure 1) (figure 2) (fi							uts, calls, warrants, 5. Number of Edition of Derivative ((ired, Disposed of, or Benefici, options, convertible securities 6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amo of Securities Underlying Desiration Securities			d Amou ies	nt 8 S	. Price of Perivative Security	9. Number of derivative Securities		10. Ownership Form:	11. Nature of Indirect Beneficial Ownership
(Instr. 3)	Price of Derivative Security	(MG	(Month/Day/	(Month/Day/Year)			Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)					Derivative Security (Instr. 3 and 4)			nstr. 5)	Beneficially Owned Following Reported Transaction(s) (Instr. 4)		Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amous or Number of Shares	r					
Stock Option (right to buy)	\$17.84	02/28/2023			A		46,664		(2)	0	02/27/2033	Common Stock	46,66	4	\$0	46,664	4	D	

Explanation of Responses:

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on February 28, 2024 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Title: Senior Vice President, Global Sales

/s/ Teri L. Witteman, as Attorney-In-Fact for Robert M. 03/02/2023 Sharman, Jr.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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^{2.} Stock option granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.