FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person' SHARMAN ROBERT M JR				of Event Requir nt (Month/Day/ 2022		3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]							
(Last) C/O BEYOND M 119 STANDARD (Street) EL SEGUNDO (City)		(Middle) 90245 (Zip)	_			4. Relatio (Check a	onship of Reporting Person(s) to Il applicable) Director Officer (give title below) See Remari		10% Owner Other (specify I	below)		dividual or Joint/Grou	Original Filed (Month/Day/Year)  up Filing (Check Applicable Line)  one Reporting Person  tore than One Reporting Person
Table I - Non-Derivative Securities Beneficially Owned													
1. Title of Security (Instr. 4)					2. Amount Owned (In:	of Securities Beneficially str. 4)	Dir	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
Expiration			2. Date Exerc Expiration Da (Month/Day/)	ate	Security (Instr. 4) Con			Convers or Exerc	rcise or Indirect (I)		6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Expiration Date		Title			Amount or Number of Shares	Price of Derivative Security		(Instr. 5)		

Explanation of Responses:

Remarks:

Senior Vice President, Global Sales Exhibit 24 Power of Attorney attached.

No securities are beneficially owned.

/s/ Teri L. Witteman, as Attorney-In-Fact 10/20/2022 for Robert M. Sharman, Jr.

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

## POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with its IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 17th day of October, 2022.

/s/ Robert M

Signature

ROBERT M. SH

Print Name