FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number: 3235-028								
Estimated average burden								
hours per response	: 0.5							

	Check this box if no longer subject
$\overline{}$	to Section 16. Form 4 or Form 5
	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*  TRASK MARGARET J					2. Issuer Name <b>and</b> Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]									ck all app Direc	tor	Ū	10% Ov	/ner	
(Last)	(Fi	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/30/2023									X	belov	,	Other (s below) Ople Officer		specify
888 N. DOUGLAS STREET, SUITE 100				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street) EL SEG	(Street) EL SEGUNDO CA 90245												X	X Form filed by One Reporting Person  Form filed by More than One Reporting  Person					
(City)	(St	ate) (2	Zip)	Rule 10b5-1(c) Transaction Indication															
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	l - No	n-Deriva	tive S	ecur	ities	Acq	uired,	Dis	posed of	f, or	Bene	ficial	ly Owr	ned			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day)				Execution Da			Date,	Transaction Dispose Code (Instr. 5)		Disposed	ties Acquired ( <i>f</i> d Of (D) (Instr. 3				cially 1	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount	(A (D	) or P	rice						
Common Stock 05/30/2					2023			F		228 <sup>(1)</sup> D		D :	\$10.3	50,511			D		
		Tab	le II -	Derivativ (e.g., pu										-	Owne	ed			
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date, irity or Exercise (Month/Day/Year) if any			tion Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and		De Se (Ir	Price of erivative ecurity estr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Share	oer					

## Explanation of Responses:

1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.

## Remarks:

/s/ Teri L. Witteman, as Attorney-In-Fact for Margaret 06/01/2023 J. Trask

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.