FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

			or Section 30(n) of the investment Company Act of 1940					
1. Name and Address of Reporting Person <sup>*</sup> DIEU HENRY			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>BEYOND MEAT, INC.</u> [BYND]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 04/04/2023	X Officer (give title below) Other (specify below) See Remarks.				
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person				
EL SEGUNDO	CA	90245	Rule 10b5-1(c) Transaction Indication	·				
(City)	ruction or written plan that is intended to satisfy the affirmative defense conditions of							
Table I - Non-Derivative Securities Acquired. Disposed of, or Beneficially Owned								

			Table I -	Non-D	erivative	Secur	itles Acc	quirea, L	Jispo	osea or,	, or Bei	neticially	Owned				
1. Title of Security (Instr. 3)		Date	ate	Executi if any					(D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial		
					(Month/Day/Year)	Code V Am		Amount	nt (A) or (D)		Price				Ownership (Instr. 4)		
Common Stock				04/	/04/2023			F		1,306 <sup>(1)</sup> E		D	\$16.37	47,935		D	
					., puts, c							ficially O rities)	whed				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Code (Instr. 8) De Au		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable a Expiration Date (Month/Day/Year)			Underlying Derivativ			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	e Ownership s Form: Dire (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security			Code	v	(A)	(D)	Date Exercisat		xpiration ate	Title		Amount or Number of Shares		Following Reported Transactio (Instr. 4)	, , , ,	

Explanation of Responses:

1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.

Remarks:

Vice President, Corporate Controller

/s/ Teri L. Witteman, as Attorney-In-Fact for Henry Dieu 04/06/2023

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(y).
\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78f(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman ( (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such 1 (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitie (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoff the power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with :

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 13th day of October, 2022.

/s/ Henry Die

Signature

HENRY DIEU

\_\_\_\_\_

Print Name