FORM 4

Check this box if no longer subject to Section 16.

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

1. Name and Address of Reporting Person 2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer Lane Raymond J. (Last) (First) (Middle) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 05/24/2022 01/2 01/2 119 STANDARD STREET 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) Kitreet) 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) Kitreet) City (State) (Zip) 5. Amount of Securities Acquired, (A) or OI 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 4. Soo 4. Soo 6. Amount of Securities Beneficially Owned Transaction (Nonwer Han One Reporting Person Filed) 1. Name of Indirect In	Instruction 1(b).					Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							hours per response: 0.5				
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 05/24/2022 119 STANDARD STREET 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Coty (Street) EL SEGUNDO CA (Gireet) (Street) City (State) (Zip) (State) 2. Transaction Date, (Month/Day/Year) 2. Transaction Date, (Month/Day/Year) (Month/Day/Year) (A. Deemed) (Difference) 2. Transaction Date, (Month/Day/Year) (Difference) 2. Transaction Date, (Month/Day/Year) (Month/Day/Year) (A. Deemed) (Difference) 2. Transaction Date, (Month/Day/Year) (Month/Day/Year) (A. Deemed) (Month/Day/Year) (A. Deemed) (Month/Day/Year) (Difference) (Difference) S. Amount of Securities Securities Acquired, Ai or (D) (Difference) S. Amount of Securities Acquired, Disposed of, or Beneficially Owned (Hority) Dervire) (Difference) (Difference) S. Transaction						2. Issuer Name and Ticker or Trading Symbol							(Check all applicable) X Director				
(Street) EL SEGUNDO CA 90245 X Form filed by One Reporting Person (City) (State) (Zip) X Form filed by More than One Reporting Person Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned S. Amount of Securities Reported Transaction (B) (Instr. 3, 4 and 5) S. Amount of Securities Reported Transaction (B) (Instr. 4) S. Amount of Securities Reported Transaction (B) (Instr. 4) S. Amount of Securities (Instr. 4) S. Amount of Securities (Instr. 4) D Common Stock 05/24/2022 A A 2,982(1) A \$0 40,488 D D 1. Title of Derivative Securities Acquired, (Instr. 3) 2. reasaction Date (Instr. 4) 05/24/2022 A A 2,982(1) A \$0 40,488 D D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (Instr. 4) 05/24/2022 A \$0 40,488 D D Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (Instr. 4) North Obspan= (Instr. 4) North Obspan= (Instr. 4) North Obspan= (Instr. 4) D Interect (Instr. 4) D Interect (Instr. 4) D Interect (Instr. 4) D Interect (Instr. 4)<	C/O BEYOND MEAT, INC.												Officer (give t	itle below)	Other (s	pecify below)	
Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) ² . Transaction Date (Month/Day/Year) ³ . Transaction (D) (Instr. 3, 4 and 5) ⁴ . Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) ⁵ . Amount (D) (Instr. 3, 4 and 5) ⁵ . Amount (D) (Instr. 3, 4 and 5) ⁵ . Amount (D) (Instr. 3, 4 and 5) ⁶ . Ownership Form: Direct (D) or Indirect (D) or and 4) ⁶ . Ownership Convership (Instr. 4) ⁶ . Ownership Conversion (Month/Day/Year) ⁸ . Number of Derivative Conversion (Indirect (I) ⁶ . Date Conversion (Indirect (I) ⁸ . Number of Derivative Conversion (On th/Day/Year) ⁸ . Number of Derivat	EL SEGUNDO CA 90245					4. If Amendment, Date of Original Filed (Month/Day/Year)							X Form filed by One Reporting Person				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Transaction (S) (Instr. 3) 6. Ownership Form: Indirect (D) (Instr. 4) 7. Nature of Indirect (D) (Instr. 4) Common Stock 05/24/2022 A 2.982(1) A \$0 40.488 D 0 Table II - Derivative Securities Acquired, Disposed of (D) (Instr. 3) S. Transaction Date, (Instr. 4) S. Mount of Securities Acquired (A) or D) Price B. Price of Indirect (D) (Instr. 4) That of Derivative Securities Acquired (A) or D) The Instruction Date (Instr. 4) The Instruction Date (Instruction Date (Instruction Date (Instruction Date (Instruction Date (Instruction Date (Instruction Date (Instr. 4)) The Instruction Date (Instruction Date (Ins		. ,			Non-Derivative	e Securities Ac	quired.	Disp	osed of	, or Be	neficially	y Owned					
Image: Common Stock Image: Code of the security (instr. 3) Image: Code of the security (instr. 3) Image: Code of the security of the security (instr. 3) Image: Code of the security of the security of the security of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security (instr. 4) Image: Code of the security of the securit of the security of th					Date	Execution Date, if any			4. Securities Acquired (A) or Dispo (D) (Instr. 3, 4 and 5)		lisposed Of	Beneficially Owr Following Repor		Direct (D) or	Indirect		
1. Title of Derivative Security (Instr. 3) 2. Or Exercise of Price of Derivative Price of 3. Transaction Date Price of Derivative (Month/Day/Year) 3. A. Deemed Liscurity (Instr. 3) 5. Number of Date (Month/Day/Year) 6. Date Exercisable and Derivative (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) 8. Price of Derivative Security (Instr. 5) 9. Number of derivative Security (Instr. 6) 10. Derivative Security (Instr. 6) 11. Nature of Derivative Security (Instr. 6)			Code	v	Amount			(A) or (D)	Price								
Security (Instr. 3) 2. Or Exercise Price of Derivative Price of 3. Transaction Date Price of Derivative (Month/Day/Year) 3. Deemed Execution Date, (Month/Day/Year) 4. Transaction Coversion Price of Derivative (Month/Day/Year) 5. Number of Derivative (Month/Day/Year) 6. Date Exercisable and (Month/Day/Year) 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) 8. Price of Derivative (Month/Day/Year) 9. Number of Indirect (Month/Day/Year) 10. Ownership (D) or Ownership (D) or Ownership 11. Nature of Indirect (D) or Ownership	Common Stock						A		2,98	32(1)	A	\$ <mark>0</mark>	40,488		D		
Security (Instr. 3) Conversion or Exercise Price or Derivative Date (Month/Day/Year) Execution Date (if any (Month/Day/Year) Code (Instr. 8) (Instr. 4) Derivative (Conversion (Instr. 4) Expiration Date (Month/Day/Year) Underlying Derivative Security (Instr. 3 and 4) Derivative 3 and 4) Derivative (Instr. 5) Derivative Beneficial (Instr. 4) Derivative Derivative (Instr. 4) Derivative (Instr. 4) Derivative Beneficial (Instr. 4) Derivative Beneficial (Instr. 4) Derivative (Instr. 4)				Table I								Owned					
		Date Execution Date (Month/Day/Year) if any		Code (Instr. 8)	Derivative Securities Acquired (A) or Disposed of (D)	Expiration Date		e	Underlying Derivative Se			tr. Derivative Security	derivativ Securitie Beneficia Owned	e Ownership Form: Direct ally (D) or Indirect (I)	Beneficial Ownership		

Explanation of Responses:

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 24, 2022. The RSU award vests in equal monthly installments over the 12-month period following the grant date, subject to the Reporting Person's continued service through each vesting date, and subject to accelerated vesting upon a Change in Control (as defined in the Plan).

(D)

(A)

lv.

Code

Date Expiration Exercisable Date

Title

Remarks:

Ex 24 Power of Attorney attached.

/s/ Teri L. Witteman, as Attorney-In-Fact for Raymond J. Lane 05/26/2022

** Signature of Reporting Person

Date

Reported Transact (Instr. 4)

n(s)

OMB APPROVAL

3235-0287

OMB Number:

Estimated average burden

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78f(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman i (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such 1 (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitie (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatso This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with :

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 1st day of March, 2022.

/s/ Raymond

Signature

Raymond J La

Print Name