FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

	OMB APPROVAL									
	OMB Number:	3235-0287								
1	Estimated average burden									
-1	L	0.5								

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(h)
$\overline{}$	Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Section 30	(n) of the ir	ivestmen	t Com	pany Act o	T 1940									
Name and Address of Reporting Person*     TRASK MARGARET J						2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]									Relationship of Reporting Person(s) to Issuer (Check all applicable)					
TRASK WARGA	KL I J		, ,									Director								
										X	Officer (give ti	tle below)	)	Other (sp	ecify below)					
(Last)	(First)	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year)									Chief People Officer						
C/O BEYOND MEAT, INC.						06/13/2022														
119 STANDARD STR																				
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)						
EL SEGUNDO CA 90245-3833															X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Ziţ	o)																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
"""				Date	nsaction th/Day/Yea	2A. Deemed Execution Date, if any (Month/Day/Year)					ities Acqu . 3, 4 and	ired (A) or Di 5)	isposed Of	Beneficially Owner Following Reporte		d Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial		
								Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)		
Common Stock				06	/13/2022			F		41	(1)	D	\$22.27	17,473		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	4. Trans Code (In		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable ar Expiration Date (Month/Day/Year)				ing Derivativ	of Securities e Security (Ins	8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin	ve es ially	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Gecunty			Code	v	(A)	(D)	Date Expiration Exercisable Date			Nu		Amount or Number of Shares		Reporte Transac (Instr. 4)	ted action(s)				

## Explanation of Responses:

1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.

## Remarks:

/s/ Teri L. Witteman, as Attorney-In-Fact for Margaret J. Trask 06/15/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman and Phi (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such in (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of beauther undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever:

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respective to the company in the company in the company is securitied.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 4th day of March, 2022.

MARGARET J TRASK

\_\_\_\_\_

Print Name