

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Nelson Mark Joseph</u>			2. Issuer Name and Ticker or Trading Symbol <u>BEYOND MEAT, INC. [BYND]</u>		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ X Officer (give title below) CFO & Treasurer Other (specify below) _____	
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) <u>11/17/2020</u>		6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person	
C/O BEYOND MEAT, INC. 119 STANDARD STREET			4. If Amendment, Date of Original Filed (Month/Day/Year)			
(Street) <u>EL SEGUNDO CA 90245</u>						
(City) (State) (Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/17/2020		M		1,543	A	\$96.1	96,382	D	
Common Stock	11/17/2020		M		12,813	A	\$25	109,195	D	
Common Stock	11/17/2020		S ⁽¹⁾		16,687	D	\$127.8423	92,508	D	
Common Stock	11/17/2020		S ⁽²⁾		31,876	D	\$128.4404	60,632	D	
Common Stock	11/17/2020		S ⁽³⁾		7,982	D	\$129.6894	52,650	D	
Common Stock	11/18/2020		M		20,149	A	\$3	72,799	D	
Common Stock	11/18/2020		M		1,059	A	\$25	73,858	D	
Common Stock	11/18/2020		S ⁽⁴⁾		2,373	D	\$133.586	71,485	D	
Common Stock	11/18/2020		S ⁽⁵⁾		8,894	D	\$134.3283	62,591	D	
Common Stock	11/18/2020		S ⁽⁶⁾		12,569	D	\$135.4008	50,022	D	
Common Stock	11/18/2020		S ⁽⁷⁾		16,581	D	\$136.1784	33,441	D	
Common Stock	11/18/2020		S ⁽⁸⁾		1,436	D	\$136.8779	32,005	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V		Date Exercisable	Expiration Date						Title
Stock Option (right to buy)	\$25	11/17/2020		M		12,813	(9)	04/30/2029	Common Stock	12,813	\$0	129,184	D	
Stock Option (right to buy)	\$96.1	11/17/2020		M		1,543	(10)	03/01/2030	Common Stock	1,543	\$0	20,847	D	
Stock Option (right to buy)	\$3	11/18/2020		M		20,149	(11)	05/29/2028	Common Stock	20,149	\$0	12,253	D	
Stock Option (right to buy)	\$25	11/18/2020		M		1,059	(9)	04/30/2029	Common Stock	1,059	\$0	128,125	D	

Explanation of Responses:

- This transaction was executed in multiple trades at prices ranging from \$127.12 to \$128.09. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$128.11 to \$129.07. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
- This transaction was executed in multiple trades at prices ranging from \$129.14 to \$129.95. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.

4. This transaction was executed in multiple trades at prices ranging from \$132.80 to \$133.78. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
5. This transaction was executed in multiple trades at prices ranging from \$133.80 to \$134.79. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
6. This transaction was executed in multiple trades at prices ranging from \$134.80 to \$135.79. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
7. This transaction was executed in multiple trades at prices ranging from \$135.80 to \$136.79. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
8. This transaction was executed in multiple trades at prices ranging from \$136.80 to \$136.95. The price reported above reflects the weighted average sale price. The Reporting Person hereby undertakes to provide, upon request, to the SEC staff, the Issuer or a security holder of the Issuer full information regarding the number of shares and prices at which the transaction was effected.
9. Exercise of stock option granted under the 2018 Equity Incentive Plan on May 1, 2019; the option vested and became exercisable as to 25% of the total shares on May 1, 2020, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on May 1, 2023, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.
10. Exercise of stock option granted under the 2018 Equity Incentive Plan on March 2, 2020; the option vested and became exercisable as to 1/48th of the total shares on April 2, 2020, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on March 2, 2024, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.
11. Exercise of stock option granted under the 2018 Equity Incentive Plan on May 30, 2018; the option vested and became exercisable as to 25% of the total shares on August 3, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on August 3, 2021, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

Remarks:

/s/ Teri L. Witteman, as
Attorney-In-Fact for Mark J. Nelson 11/19/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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