

| OMB APPROVAL | |
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

| | | |
|---|--|--|
| 1. Name and Address of Reporting Person* TRASK MARGARET J (Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET (Street) EL SEGUNDO CA 90245-3833 (City) (State) (Zip) | 2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND] | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Chief People Officer |
| | 3. Date of Earliest Transaction (Month/Day/Year) 12/10/2021 | |
| | 4. If Amendment, Date of Original Filed (Month/Day/Year) | |

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|------------|-------|---|--|---|
| | | | Code | V | Amount | (A) or (D) | Price | | | |
| Common Stock | 12/10/2021 | | A ⁽¹⁾ | | 3,876 | A | \$0 | 7,192 | D | |
| Common Stock | 12/13/2021 | | A ⁽²⁾ | | 474 | A | \$0 | 7,666 | D | |

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4) | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4) | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) | |
|--|--|--------------------------------------|--|--------------------------------|---|--|-----|--|-----------------|---|--|--|---|--|-------|
| | | | | Code | V | (A) | (D) | Date Exercisable | Expiration Date | | | | | | Title |
| Stock Option (right to buy) | \$64.51 | 12/10/2021 | | A | | 7,751 | | (3) | 12/09/2031 | Common Stock | 7,751 | \$0 | 7,751 | D | |
| Stock Option (right to buy) | \$63.42 | 12/13/2021 | | A | | 947 | | (4) | 12/12/2031 | Common Stock | 947 | \$0 | 947 | D | |

Explanation of Responses:

- Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on December 10, 2021; 1/4th of the total number of shares subject to the RSU award vests on March 22, 2022 and 1/16th of the total number of shares vests each quarter thereafter, until the award is fully vested on March 22, 2025, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer and continued service by the Reporting Person.
- RSU granted under the Plan on December 13, 2021; 1/4th of the total number of shares subject to the RSU award vests on June 13, 2022, and 1/4th of the total number of shares vests every six months thereafter, until the award is fully vested on December 13, 2023, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.
- Stock option granted under the Plan on December 10, 2021; the option vests and becomes exercisable as to 1/4th of the total number of shares on March 22, 2022, and 1/48th of the total number of shares vests and becomes exercisable monthly thereafter such that the option becomes fully vested and exercisable on March 22, 2025, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer and continued service by the Reporting Person.
- Stock option granted under the Plan on December 13, 2021; the option vests and becomes exercisable as to 1/4th of the total number of shares on June 13, 2022, and 1/4th of the total number of shares vests and becomes exercisable every six months thereafter such that the option becomes fully vested and exercisable on December 13, 2023, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Teri L. Wittman, as Attorney- 12/14/2021
In-Fact for Margaret J. Trask

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.