FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O BEY	Jonathan	irst) AT, INC.	(Middle)		- <u>B</u>	2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND] 3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023									k all applic Directo	cable) or (give title	10 give title O		10% Owner Other (specify below)	
(Street)	UNDO C.	A tate)	90245 (Zip)	n Dori	-						(Month/Da	l	ine) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
1. Title of Security (Instr. 3) 2. Transa Date					ative Securities Acquired, Disposed of, or Benefiction 2A. Deemed 3.					ed (A) or		5. Amou	nt of			7. Nature of Indirect				
				(Month/	th/Day/Year)		if any (Month/Day/Year)			ode (Instr.		(A) o	(A) or Brice		Beneficially Owned Followin Reported Transaction(s) (Instr. 3 and 4)			str. 4)	Beneficial Ownership (Instr. 4)	
Common Stock				02/2	28/2023				A		22,422	(1) A	\$	0	31,926			D		
Common Stock			02/2	28/2023				A		28,027	(2) A	\$	0	59,	,953		D			
Common Stock (02/2	28/2023				F		339(3)	D	\$1	7.84	59,614			D		
Common Stock 03/01				01/2023				F		87(3)	D \$1		5.94	59,527			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	d 4. Date, Trans		ection	5. Number of		6. Date Exercis Expiration Date (Month/Day/Yea		sable and	7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		nt 8 E	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	i (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amou or Numb of Share	er						
Stock Option (right to buy)	\$17.84	02/28/2023		А			46,664		(4)		02/27/2033	Common Stock 46,6		54	\$0	46,664		D		

Explanation of Responses:

- 1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on October 13, 2023 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on October 13, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.
- 2. RSU granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on February 28, 2024 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.
- 3. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the Plan.
- 4. Stock option granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Title: Senior Vice President, Manufacturing Operations

/s/ Teri L. Witteman, Attorney-03/02/2023 In-Fact for Jonathan P. Nelson

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.