FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| Washington, | D.C. | 20549 |
|-------------|------|-------|
|-------------|------|-------|

| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5 | STATEMENT O  |
|--|--------------|
| obligations may continue. See  |              |
| Instruction 1(b).  | Filed pursua |

## F CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person*  WITTEMAN TERI L                     |  |            |  |         |                              | 2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]  |      |                                   |   |  |                    |   |  |                 | c all applic<br>Directo                   | icable)  |                                      | erson(s) to Issuer<br>10% Owner<br>Other (specify                        |  |
|---|--|------------|--|---------|------------------------------|---|------|-----------------------------------|---|--|--------------------|---|--|-----------------|---|--|--------------------------------------|--|--|
|   | (F<br>YOND ME<br>NDARD S   | AT, INC.   | (Middle)                                   |         |                              | 3. Date of Earliest Transaction (Month/Day/Year) $0/05/2020$  |      |                                   |   |  |                    |   |  | X               | below)<br>Ger                             |  |                                      |  |  |
| (Street) EL SEGI  |  |            | 90245<br>(Zip)                             |         | 4. If                        | 4. If Amendment, Date of Original Filed (Month/Day/Year)     6. Individual or Joint/Group Filing (Check Line)     X Form filed by One Reporting Pe Form filed by More than One Reperson |      |                                   |   |  |                    |   |  |                 |   |  | orting Perso                         | n  |  |
| (Oity)  | (0   | -          |  | n Doriv | rativo                       | S00   | riti | oc Ao                             | auirod  | Die  | nocod (            | of or Bo  | nofic                                      | ially           | Ownor                                     | 1  |                                      |  |  |
| Table I - Non-Deriv  1. Title of Security (Instr. 3)  2. Transa Date (Month/L |  |            |  | ction   | 2A<br>Ex<br>r) if a          | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)   |      | 3.<br>Transaction<br>Code (Instr. |   | 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 |                    |   | or 5. Amor<br>Securiti<br>Benefic<br>Owned |                 | nt of<br>es<br>ally<br>Following          | Forn<br>(D) o  | n: Direct<br>or Indirect<br>nstr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)        |  |
|   |  |            |  |         |                              |   |      |                                   |   | v  | Amount             | (A) or<br>(D)   | Price                                      | )               | Transac                                   | Reported<br>Transaction(s)<br>(Instr. 3 and 4)   |                                      |  |  |
| Common Stock 10   |  |            |  |         | /2020                        | 2020  |      |                                   |   |  | 294                | A \$  |  | 6.1             | 49,434                                    |  |                                      | D  |  |
| Common Stock 10/05/2  |  |            |  |         | /2020                        | 2020  |      | <b>S</b> <sup>(1)</sup>           |   | 294 D \$   |                    | \$16  | 8.77                                       | 77 49,140       |   |  | D                                    |  |  |
|   | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |            |  |         |                              |   |      |                                   |   |  |                    |   |  |                 |   |  |                                      |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)                           | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security  |            | 3A. Deen<br>Executio<br>if any<br>(Month/D | n Date, | 4.<br>Transa<br>Code (<br>8) |   | n of |                                   | 6. Date Exerciss<br>Expiration Date<br>(Month/Day/Yea |  | •                  | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Secur<br>(Instr. 3 and 4) |  | Di<br>Si<br>(li | Price of<br>rivative<br>curity<br>str. 5) | 9. Number<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | ly                                   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |  |            |  |         | Code                         | v   | (A)  |                                   | Date<br>Exercisal                                     |  | Expiration<br>Date | Title   | Amous<br>or<br>Number<br>of<br>Shares      | er              |   |  |                                      |  |  |
| Stock<br>Option<br>(right to  | \$96.1   | 10/05/2020 |  |         | М                            |   |      | 294                               | (2)   |  | 03/01/2030         | Common<br>Stock   | 294  |                 | \$0                                       | 12,048   | 3                                    | D  |  |

## **Explanation of Responses:**

- 1. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- 2. Exercise of stock option granted under the 2018 Equity Incentive Plan on March 2, 2020; the option vested and became exercisable as to 1/48th of the total shares on April 2, 2020, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on March 2, 2024, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

## Remarks:

/s/ Teri L. Witteman

10/07/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.