

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
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1. Name and Address of Reporting Person* <u>Nelson Mark Joseph</u>			2. Date of Event Requiring Statement (Month/Day/Year) 05/01/2019		3. Issuer Name and Ticker or Trading Symbol <u>BEYOND MEAT, INC. [BYND]</u>		
(Last)	(First)	(Middle)	4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director _____ 10% Owner _____ <input checked="" type="checkbox"/> Officer (give title below) _____ Other (specify below) _____ <p style="text-align: center;">CFO, Secretary</p>			5. If Amendment, Date of Original Filed (Month/Day/Year)	
C/O BEYOND MEAT, INC. 119 STANDARD STREET						6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person	
(Street)							
EL SEGUNDO	CA	90245					
(City)	(State)	(Zip)					

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	464,850	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			
Stock Option (right to buy)	(1)	11/30/2025	Common Stock	150,998	0.95	D	
Stock Option (right to buy)	(2)	02/03/2026	Common Stock	54,503	0.95	D	
Stock Option (right to buy)	(3)	07/19/2026	Common Stock	99,903	0.95	D	
Stock Option (right to buy)	(4)	05/29/2028	Common Stock	77,027	3	D	

Explanation of Responses:

- Stock option granted under the 2011 Equity Incentive Plan ("Plan") on December 1, 2015; the option vested and became exercisable as to 25% of the total shares on December 1, 2016, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on December 1, 2019, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on February 4, 2016; the option vested and became exercisable as to 25% of the total shares on December 1, 2016, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on December 1, 2019, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on July 20, 2016; the option vests and becomes exercisable as to 25% of (1) 152,238 shares and (2) 70,024 shares on February 4, 2017 and July 20, 2017, respectively, and 1/48th of the (1) 152,238 shares and (2) 70,024 shares vest and become exercisable monthly thereafter such that the option is fully vested and exercisable on February 4, 2020 and July 20, 2020, respectively, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.
- Stock option granted under the Plan on May 30, 2018; the option vested and became exercisable as to 25% of the total shares on May 30, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on August 3, 2021, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

Remarks:

Ex. 24 Power of Attorney attached.

/s/ Mark J Nelson

** Signature of Reporting Person

05/01/2019

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya Rajan, and each of them, as its attorneys-in-fact, to execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in connection with the Company's securities offerings. The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, proper or advisable to carry out the undersigned's duties and obligations as an officer and/or director of the Company, and to execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in connection with the Company's securities offerings. The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, proper or advisable to carry out the undersigned's duties and obligations as an officer and/or director of the Company, and to execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in connection with the Company's securities offerings.

(1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in connection with the Company's securities offerings.
(2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, in connection with the Company's securities offerings.
(3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party.
(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of the undersigned.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, proper or advisable to carry out the undersigned's duties and obligations as an officer and/or director of the Company, and to execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in connection with the Company's securities offerings. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's securities offerings. IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 15th day of November, 2018.

/s/ Mark J. Nelson

Signature

MARK J. NELSON

Print Name