FORM 4

Check this box if no longer subject to Section 16 Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNER

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading Symbol

		OMB APPROVAL										
SHIP	,	OMB Number: Estimated average burden	3235-0287									
		hours per response:	0.5									
	•											
	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)											
	Director	10% Owne	er 🛛									

1. Name and Address of Reporting Person [®] <u>DIEU HENRY</u>				e and Ticker or Tra <u>MEAT, INC</u>					ionship of Reporting Perso all applicable) Director Officer (give title below	10% Ov	ner pecify below)		
(Last) C/O BEYOND MEA 119 STANDARD ST	· ·	(Middle)	3. Date of Ear 02/28/2023	liest Transaction (N	lonth/Day	/Year)			See Remarks.				
(Street) EL SEGUNDO (City)	CA (State)	90245 (Zip)	4. If Amendme	ent, Date of Origina	l Filed (M	onth/Da	ay/Year)	6. Indivi X	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
Di			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any	3. Transaction Code (Instr. 8)		4. Securities Acqu (D) (Instr. 3, 4 and		isposed Of	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial	
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		Ownership (Instr. 4)		
Common Stock (02/28/2023		A		22,422(1)	Α	\$ <mark>0</mark>	35,227	D		
Common Stock 0					A		14,014 ⁽²⁾	Α	\$ <mark>0</mark>	49,241	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	ecurity (Instr. 3) Conversion or Exercise Price of Derivative			I. Transaction Code (Instr. 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned	Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Security			Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares]	Following Reported Transaction(s) (Instr. 4)	(Instr. 4)	
Stock Option (right to buy)	\$17.84	02/28/2023		A		23,332		(3)	02/27/2033	Common Stock	23,332	\$0	23,332	D	

Explanation of Responses:

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on October 13, 2023 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on October 13, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person 2. RSU granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on February 28, 2024 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer and, continued service by the Reporting Person. 3. Stock option granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2024, and 1/48th of the total number of shares subject to the option award vests and becomes exercisable monthly thereafter, such that the option is fully vested and exercisable on February 28, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Title: Vice President Corporate Controller

/s/ Teri L. Witteman, as Attorney-In-Fact 03/02/2023 for Henry Dieu ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a)

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman ((1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such 1 (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitie (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatso This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with :

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 13th day of October, 2022.

/s/ Henry Die

Signature

HENRY DIEU

Print Name