FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Ì	OMB APPROVAL	
	OMB Number:	3235-0287
	Estimated average burden	
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	Check this box if no longer subject to Section 16. Form 4
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

						or Section	on 30(n) of the	Investmen	it Comp	any Act of	1940									
1. Name and Address of Reporting Person* Brown Ethan					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
															Director	10% Owner				
															Officer (give title below)			Other (specify below)		
(Last) (First) (Middle)					Date of Earliest Transaction (Month/Day/Year)									President, Chief Exec. Officer						
C/O BEYOND MEAT, INC					08/05/20	08/05/2019														
119 STANDARD STREET																				
(Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv	6. Individual or Joint/Group Filing (Check Applicable Line)						
EL SEGUNDO	CA 90245														X Form filed by One Reporting Person					
										Form filed by More than One Reporting Person										
(City)	(State)	(Zij	D)																	
			7	Гable I -	Non-Der	ivative Se	curities A	quired,	Disp	osed of	, or Bene	ficially Ov	ned							
1. Title of Security (Instr. 3)				2. Transact				3. Transaction 4. Securi Code (Instr. 8) 3, 4 and			ed Of (D) (Instr.	D) (Instr. 5. Amount of Securiti					7. Nature of Indirect Beneficial			
					(Month/Day	/Year) if any	r) if any		ode V Amou		·		Price	Rep	oorted Transaction str. 3 and 4)			Ownership (Instr. 4)		
Common Stock			08/05/2	019		S		45,	45,000 ⁽¹⁾ D		\$160	\top	1,559,027			D				
				Table I			rities Acq , warrants						ea							
1. Title of Derivative Security (Ins. 3)	r. 2. Conversion or Exercise Price of Derivative Security	Conversion Date (Month/Day/Year) Price of Derivative	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa (Instr. 8)	ction Code	Securities A	umber of Derivative urities Acquired (A) or osed of (D) (Instr. 3, 4 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Date Expiration Date		7. Title and A	urities Underlyii 3 and 4)			9. Number of derivative Securities Beneficially Owned Following	s Ily	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Security			Code	v	(A)	(D)						Amount or Number of S	hares		Reported Transaction(s) (Instr. 4)				

Explanation of Responses

1. Represents shares sold by the Reporting Person pursuant to an underwritten secondary public offering of the common stock of the Issuer that priced on July 31, 2019 and closed on August 5, 2019 and includes shares sold following the exercise of the underwriters' over-allotment option.

Remarks:

/s/ Mark J. Nelson, Attorney-In-Fact for Ethan Brown 08/07/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

* If the form is filed by more than one reporting person, see Is U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

POWER OF ATTORNEY
The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya S. Rajan, and each (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, cor (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third particles to the undersigned hereby grants to each such attorney in fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or this Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's NUTINESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this day of , 2018.

/s/ Ethan Brown Signature

ETHAN BROWN Print Name