FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	205/0
wasiiiiigitiii,	D.C.	20349

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL									
OMB Number: 3235-02									
Estimated average bu	rden								
hours por rosponso:	0.5								

Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

				or Sec	tion 30(h) of the Inv	estmer/	it Com	pany Act of 19	40				
1. Name and Address of Reporting Person* TRASK MARGARET J			2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]							titionship of Reporting Person(s) to Issuer c all applicable) Director 10% Owner Officer (give title Other (specify			
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET				3. Date of Earliest Transaction (Month/Day/Year) 03/01/2022							Officer (give title below) Chief Peo	(specily	
(Street) EL SEGUNDO CA 90245-3833 (City) (State) (Zip)				4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check A Line) X Form filed by One Reporting Pers Form filed by More than One Rep Person		
		Table I - Non	-Deriva	tive S	ecurities Acqu	ıired,	Disp	osed of, o	r Bene	ficially	Owned		
Date		2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)		(111511.4)
Common Stock 03.			03/01/	2022		A		10,545(1)	A	\$0	18,211	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		ı of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$47.42	03/01/2022		A		21,089		(2)	02/29/2032	Common Stock	21,089	\$0	21,089	D	

Explanation of Responses:

- 1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on March 1, 2022; 1/4th of the total number of shares subject to the RSU award vests on February 28, 2023, and 1/16th of the total number of shares vests each quarter thereafter, until the award is fully vested on February 28, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.
- 2. Stock option granted under the Plan on March 1, 2022; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on February 28, 2023, and 1/48th of the total shares vests and becomes exercisable monthly thereafter, such that the option becomes fully vested and exercisable on February 28, 2026, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Teri L. Witteman, as Attorney-In-Fact for Margaret J. Trask

03/03/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.