FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Machinatan	D C	20540	
Nashington,	D.C.	20049	

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Nelson Jonathan P					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]								ck all app Direc	,		son(s) to Is 10% Ov Other (s	wner		
	,	EAT, INC.	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/30/2022							belov	SEE REMARKS					
(Street) EL SEGU	UNDO (		90245 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)  6. Indiv. Line)  X													
		Table	l - No	n-Deriva	tive S	Secu	ritie	s Acq	uired,	Dis	posed of	, or E	ene	ficiall	y Own	ed			
1. Title of Security (Instr. 3)  2. Transa Date (Month/Date)			Execution Date,		3. Transaction Code (Instr. 8) 4. Securitie Disposed O 5)		es Acquired (A) or Of (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)						
									Code	v	Amount	(A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(5 4)
Common Stock 11/30/				11/30/2	:022		F		47(1)	D	\$	\$14.59	9 9,862			D			
Common Stock 12/01/2				2022		F		297 <sup>(1)</sup> D		5	\$14.32	9,565			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Derivative   Conversion   Date   Exercise   Conversion   Conversion   Date   Exercise   Conversion   Date   Exercise   Conversion   Date   Date		if any	emed ion Date, //Day/Year) 4. Transac Code (li 8)					6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (Ir	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: Direct (D or Indirect (I) (Instr.	Ownership	Beneficial Ownership t (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber					

## **Explanation of Responses:**

1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.

## Remarks:

Senior Vice President, Manufacturing Operations.

/s/ Teri L. Witteman, Attorney-In-Fact for Jonathan P. Nelson

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.