FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

| <b>STATEMENT</b> | OF CHANGES I | N BENEFICIAL | <b>OWNERSHIP</b> |
|------------------|--------------|--------------|------------------|
|                  |              |              |                  |

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     SOTO CARI  |  |  |        |                                   | 2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ] |         |   |                           |  |                    |  |   |                      | all applicable) Director Officer (give title |   | ng Person(s) to Issuer  10% Owner  Other (specify   |                                   | wner   |  |  |
|--|--|--|--------|-----------------------------------|--|---------|---|---------------------------|--|--------------------|--|---|----------------------|--|---|---|-----------------------------------|--|--|--|
| (Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET  |  |  |        |                                   | 3. Date of Earliest Transaction (Month/Day/Year) 11/02/2020            |         |   |                           |  |                    |  |   |                      | below  | ow)<br>Chief People Off                   |   | below)<br>Officer                 |  |  |  |
| (Street) EL SEGI   |  | CA<br>(Stat                                |        | 0245<br>Zip)                      |  | 4. If A | 4. If Amendment, Date of Original Filed (Month/Day/Year |                           |  |                    |  |   |                      |  | 6. Indi<br>Line)<br>X                     | ·   |                                   |  |  |  |
|  |  |  | Table  | I - No                            | n-Deriva   | tive S  | Secui   | rities                    | Acc  | uired              | , Dis  | posed of  | , or B               | enef   | icially                                   | Own   | ed                                |  |  |  |
| 1. Title of Security (Instr. 3)  2. Transacti Date (Month/Day  |  |  |        |                                   | Execution Date   |         | ate,  | Transaction [             |  |                    | 4. Securities Acquired (A)<br>Disposed Of (D) (Instr. 3, 4<br>5) |   | and Securi<br>Benefi |  | ties<br>cially<br>Following               | Form<br>(D) or  | : Direct<br>r Indirect<br>str. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)        |  |  |
|  |  |  |        |                                   |  |         |   |                           | Code   | v                  | Amount   | (A) o<br>(D)  | r Pri                | ce   | Transa                                    | ction(s)<br>3 and 4)  | on(s)                             |  | (5 4)  |  |
| Common Stock 11/02/  |  |  |        | 11/02/2                           | 020  |         |   |                           | F <sup>(1)</sup>                             |                    | 55   | D   | \$1                  | 43.56  | .56 10,133                                |   |                                   | D  |  |  |
| Common Stock 11/04/2   |  |  |        | 11/04/2                           | 020  |         |   |                           | <b>S</b> <sup>(2)</sup>                      |                    | 104  | D   | \$1                  | 150.1  | 0.1 10,029                                |   |                                   | D  |  |  |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) |  |  |        |                                   |  |         |   |                           |  |                    |  |   |                      |  |   |   |                                   |  |  |  |
| Derivative Conversion Dat  |  | 3. Transaction<br>Date<br>(Month/Day/Year) | if any | emed<br>tion Date,<br>n/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8)                                |         | of<br>Deriv   | r<br>osed<br>)<br>r. 3, 4 | 6. Date Exerc<br>Expiration D<br>(Month/Day/ |                    | ate  | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>3 and 4) |                      | Dei<br>Sed<br>(Ins                           | Price of<br>rivative<br>curity<br>str. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction<br>(Instr. 4) | y G                               | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |  |  |        | Code                              | v  | (A)     | (D)   | Date<br>Exercis           | sable  | Expiration<br>Date | Title  | Amou<br>or<br>Numb<br>of<br>Share   | nber                 |  |   |   |                                   |  |  |  |

## Explanation of Responses:

- 1. Shares withheld to pay taxes applicable to vesting of restricted stock units previously awarded pursuant to the 2018 Equity Incentive Plan.
- 2. The sale reported in this Form 4 was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.

## Remarks:

/s/ Teri L. Witteman, Attorney-11/04/2020 In-Fact for Cari Soto

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.