FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).	STA	ATEMENT OF CHANGES IN BENEFICIAL OWNERSHII Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940	OMB Number: 3235-02 Estimated average burden hours per response: 0					
1. Name and Address of Reporting Person [®] Pant Muktesh (Last) (First) C/O BEYOND MEAT, INC. 119 STANDARD STREET	(Middle)	2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND] 3. Date of Earliest Transaction (Month/Day/Year) 05/24/2022	5. Relationship of Repor (Check all applicable) X Director Officer (give		r 10% Owner Other (specify below)			
(Street) EL SEGUNDO CA (City) (State)	90245 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	Form filed by	up Filing (Check Applie y One Reporting Perso y More than One Repo	n			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								

1. Title of Security (Instr. 3)			Date	2. Transaction Date (Month/Day/Year)		Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial			
						(Month/Day/Year)	Code	v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)	
Common Stock			05/	/24/2022			Α		2,98	2(1)	Α	\$ <mark>0</mark>	5,387			D		
Common Stock												25,000			Ι	By Pant Family Irrevocable Trust		
Common Stock												25,000			Ι	By Pant Descendants Irrevocable Trust		
			Table		ivative S ., puts, o							ficially O rities)	wned					
Security (Instr. 3) Co or Pr De	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) of itive	Execution Date, if any (Month/Day/Year)		Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		r. Derivative Security (Instr. 5)	9. Numb derivativ Securiti Benefici Owned Followin	ve ies ially	10. Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercis		Expiration Date	Title		Amount or Number of Shares		Reporte	orted saction(s)	(Instr. 4)	

Explanation of Responses

1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on May 24, 2022. The RSU award vests in equal monthly installments over the 12-month period following the grant date, subject to the Reporting Person's continued service through each vesting date, and subject to accelerated vesting upon a Change in Control (as defined in the Plan).

Remarks:

Ex 24 Power of Attorney attached.

/s/ Teri L. Witteman, as Attorney-In-Fact 05/26/2022 for Muktesh Pant ** Signature of Reporting Person Date

OMB APPROVAL

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman ((1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such 1 (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitie (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoff the power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with :

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 26th day of February, 2022.

/s/ Muktesh

Signature

Muktesh Pan

Print Name