FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION ngton, D.C. 2

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

				Filed	pursuant to S or Section 3	ection 16(a) c 0(h) of the In	of the Securities Exchange Act of 1934 vestment Company Act of 1940					hours per res		0.5
1. Name and Address of Reporting Person [*] Brown Ethan				2. Date of Event Requiring Statement (Month/Day/Year) 05/01/2019 3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]										
(Last) C/O BEYOND M 119 STANDARD (Street) EL SEGUNDO (City)		(Middle) 90245 (Zip)	_	-			4. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title below) Other (specify below) Chief Executive Officer			-	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person			
				Table	I - Non-De	erivative S	Securities Beneficially Owned	I						
1. Title of Security (Instr. 4)						2. Amount o (Instr. 4)	f Securities Beneficially Owned	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)			4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Common Stock							1,604,027	D						
							curities Beneficially Owned options, convertible securitie	es)						
1. Title of Derivative Security (Instr. 4)				2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Der (Instr. 4)		Exer of De		4. Conversion Exercise Print of Derivative Security	e Form:	nership : Direct (D) or ct (I) (Instr. 5)	6. Nature of Indirect Beneficia Ownership (Instr. 5)	al
				Date Exercisable	Expiration Date	Title		Amount Number Shares		Security				
Stock Option (right to buy) (1) 08/25/2					08/25/2023		Common Stock	202,1	30	0.65		D		

Stock Option (right to buy) Explanation of Responses:

Stock Option (right to buy)

Stock Option (right to buy)

1. Stock option granted under the 2011 Equity Incentive Plan ("Plan") on August 26, 2013; the option vested and became exercisable as to 25% of the total shares on May 26, 2014, and 1/48th of the total shares vested and became exercisable monthly thereafter such that the option became fully vested and exercisable on May 26, 2017 subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

01/21/2025

07/19/2026

05/29/2028

(3)

(4)

exercisable on May 26, 2017 subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer. 2. Stock option granted under the Plan on January 22, 2015; the option vested and became exercisable as to 25% of the total shares on July 20, 2015, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on July 20, 2020, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer. 3. Stock option granted under the Plan on July 20, 2016; the option vested and became exercisable on July 20, 2017, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on July 20, 2020, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer. 4. Stock option granted under the Plan on July 20, 2018; the option vests and becomes exercisable on July 20, 2017, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on July 20, 2020, subject to an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer.

Common Stock

Common Stock

Common Stock

Remarks: Exhibit 24-Power of Attorney attached.

/s/ Mark J. Nelson, Attorney-In-Fact for Ethan 05/01/2019

0.93

0.95

3

Brown ** Signature of Reporting Person

966,006

301,960

332.157

Date

D

D

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
 Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number

POWER OF ATTORNEY

POWER OF ATTORNEY The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya S. Rajan, and each ((1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, com (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third pe (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney in fact, may be of benefit to, in the best The undersigned hereby grants to each such attorney in fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, c This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this day of , 2018.

/s/ Ethan Brown Signature

ETHAN BROWN Print Name