Ajami Dariush

(Last)

(Street)

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

4. If Amendment, Date of Original Filed (Month/Day/Year)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

6. Individual or Joint/Group Filing (Check Applicable

Form filed by One Reporting Person

Form filed by More than One Reporting

Section 16. Form 4 or Form 5 obligations may continue. See
Instruction 1(b).

1. Name and Address of Reporting Person*

C/O BEYOND MEAT, INC. 119 STANDARD STREET

EL SEGUNDO CA

(First)

(Middle)

90245

or Section 30(h) of the Investment Company Act of 1940						
2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
BETOTO MEHI, IIVO. [BIND]		Director	10% Owner			
	_ x	Officer (give title	Other (specify			
3. Date of Earliest Transaction (Month/Day/Year)	"	below)	below)			
02/25/2022		Chief Innovation Officer				

(City)	(State)	(Zip)										
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
					Code	v	Amount (A) or (D) Price		Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Sto	ock		02/25/2022		M		17,690	A	\$3	87,037	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Seci Acq (A) (Disp of (E	umber vative urities uired or oosed o) (Instr. and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option (right to buy)	\$3	02/25/2022		М			17,690	(1)	02/14/2028	Common Stock	17,690	\$0	0	D	

Explanation of Responses:

1. Exercise of option granted under the 2011 Equity Incentive Plan on February 15, 2018; the option is fully vested.

Remarks:

/s/ Teri L. Witteman, Attorney-In-Fact for Dariush Ajami

03/01/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.