FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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_	Check this box if no longer subject to Section 16.
- 1	Form 4 or Form 5 obligations may continue. See
_	Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Jurgens Deanna					2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]									onship of Reporting II applicable) Director Officer (give ti		10% (Owner (specify below)
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET					3. Date of Earliest Transaction (Month/Day/Year) 12/10/2021								- "		hief Growt		,,,,,,,,,,
(Street) EL SEGUNDO (City)	CA (State)	90 (Zi	245		X Fo								Form filed by	l or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person			
(9)	(211115)	(-		Non-D	erivativ	/e Secur	ities Ac	guired. I	Dispo	sed of	or Be	neficially	Owned				
1. Title of Security (Instr. 3)			2. Tra	2. Transaction		2A. Deemed Execution Date,	3. Transaction 4. Secur		rities Acquired (A) or Disportr. 3, 4 and 5)			5. Amount of Sec Beneficially Own Following Report	ed Di	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial		
							(Month/Day/Year)		v	Amount		(A) or (D)	Price	Transaction(s) (Ir and 4)	nstr. 3		Ownership (Instr. 4)
Common Stock				12	12/10/2021		A ⁽¹⁾		13,564		A	\$ <mark>0</mark>	21,642		D		
Common Stock			12	12/13/2021			A ⁽²⁾		63	631 A		\$ <mark>0</mark>	22,273		D		
			Table			Securiti calls, w						ficially C rities)	wned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	cise (Month/Day/Year) f ive	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Se Underlying Derivative Se 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following	Ownership Form: Dire	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisal		xpiration ate	Title		Amount or Number of Shares		Reported Transaction (Instr. 4)]` ′	
Stock Option (right to buy)	\$64.51	12/10/2021		A		27,128		(3)	1	2/09/2031	Comr	non Stock	27,128	\$0	27,128	D	
Stock Option (right to buy)	\$63.42	12/13/2021		A		1,262		(4)	1	2/12/2031	Comr	non Stock	1,262	\$0	1,262	D	

Explanation of Responses:

- 1. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on December 10, 2021; 1/4th of the total number of shares subject to the RSU award vests on May 25, 2022 and 1/16th of the total number of shares vests each quarter thereafter, until the award is fully vested on May 25, 2025, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer and continued service by the Reporting Person.

 2. RSU granted under the Plan on December 13, 2021; 1/4th of the total number of shares subject to the RSU award vests on June 13, 2022, and 1/4th of the total number of shares vests each six month anniversary thereafter, until the award is fully vested on December 13, 2023, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

 3. Stock option granted under the Plan on December 10, 2021; the option vests and becomes exercisable as to 1/4th of the total number of shares on May 25, 2022, and 1/48th of the total number of shares vests and becomes exercisable monthly thereafter such that the option becomes fully vested and exercisable on May 25, 2025, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer and continued service by the Reporting Person.

- 4. Stock option granted under the Plan on December 13, 2021; the option vests and becomes exercisable as to 1/4th of the total shares on June 13, 2022, and 1/4th of the total shares vests and becomes exercisable every six months thereafter such that the option becomes fully vested and exercisable on December 13, 2023, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

/s/ Teri L. Witteman, as Attorney-In-Fact 12/14/2021

for Deanna Jurgens

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman and Etl (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitii (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of be The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 26th day of May, 2021. /s/ Deanna Jurgens

Signature

DEANNA JURGENS

Print Name