FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL									
OMB Number:	3235-0104								
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

S				of Event Requirent (Month/Day/		3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [ BYND ]							
(Last) C/O BEYOND M 119 STANDARD  (Street) EL SEGUNDO  (City)		(Middle) 90245 (Zip)	_				onship of Reporting Person(s) to Il applicable) Director Officer (give title below) See Rema		r 10% Owner Other (specify	below)		dividual or Joint/Grou	Original Filed (Month/Day/Year)  up Filing (Check Applicable Line) One Reporting Person Itore than One Reporting Person
Table I - Non-Derivative Securities Beneficially Owned													
1. Title of Security (Instr. 4)				1		of Securities Beneficially	3. D	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)			4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)													
''' ' ''' '			2. Date Exerc Expiration Day/ (Month/Day/	ate	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)			4. Conversion or Exercise Price of		5. Ownership Form: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
			Date Exercisable	Expiration Date	Title			Amount or Number of Shares	Derivativ Security		(Instr. 5)		

Explanation of Responses:

Remarks:

Title: Senior Vice President, Global Marketing Ex 24 Power of Attorney attached.

No securities are beneficially owned.

/s/ Teri L. Witteman, as Attorney-In-Fact 02/09/2023 for Akerho Oghoghome

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with its IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 6th day of February, 2023.

/s/ Akerho O

Signature

AKERHO OGHOGHO

Print Name