FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
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_	Check this box if no longer subject to Section 16
1 1	Form 4 or Form 5 obligations may continue. See
$\overline{}$	I = -4 = -4 (b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Oghoghomeh Akerho				2. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]									5. Relationship of Reporting Person(s (Check all applicable) Director			10% Owner			
(Last) (First) (Middle) C/O BEYOND MEAT, INC. 119 STANDARD STREET					3. Date of Earliest Transaction (Month/Day/Year) 02/28/2023								X	X Officer (give title below) Other (specify below) See Remarks					
(Street) EL SEGUNDO (City)	CA (State)	90 (Zi	245	4	4. If Amendment, Date of Original Filed (Month/Day/Year)									idual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person					
			Table I -	Non-D	erivativ	e Secu	rities Ac	quired, l	Disp	osed of	, or Bei	neficially	Owned						
D				Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8) 4. Securi (D) (Instr		rities Acquired (A) or Dispos tr. 3, 4 and 5)		· I	Beneficially Own Following Report		Direct (nership Form: (D) or ct (I) (Instr. 4)	7. Nature of Indirect Beneficial	
				v					Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)		
Common Stock			02	02/28/2023		Α		42,041(1)		Α	\$ <mark>0</mark>	42,041	42,041		D				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of S Underlying Derivative So 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following	es ally	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisal	ole E	xpiration ate	Title		Amount or Number of Shares		Reported Transact (Instr. 4)	ed ction(s)			
Stock Option (right to buy)	\$17.84	02/28/2023		A		69,996		(2)	0:	2/27/2033	2/27/2033 Common Stock		69,996	\$0 69,9		96	D		

I. Restricted stock units ("RSU") granted under the 2018 Equity Incentive Plan ("Plan") on February 28, 2023; 1/4th of the total number of shares subject to the RSU award vests on February 6, 2024 and 1/16th of the total number of shares subject to the RSU award vests each quarter thereafter, until the award is fully vested on February 6, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

2. Stock option granted under the Plan on February 28, 2023; 1/4th of the total number of shares subject to the option award vests and becomes exercisable on monthly thereafter, such that the option is fully vested and exercisable on February 6, 2027, subject to the acceleration provisions of an Executive Change in Control Severance Agreement by and between the Reporting Person and the Issuer, and continued service by the Reporting Person.

Remarks:

Title: Senior Vice President, Global Marketing

/s/ Teri L. Witteman, as Attorney-In-Fact 03/02/2023 for Akerho Oghoghome

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Teri L. Witteman a

- (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such |
- (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securitic
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsomers. This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with its IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 6th day of February, 2023.

/s/ Akerho O

Signature

AKERHO OGHOGHO

Print Name