FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

(Last) (First) (Middle) (Middl			
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 05/06/2019 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Form filed by One Reporting Person Form filed by More than One Reporting Person Form filed by More than One Reporting Person Form filed by More	. •		
(Street) EL SEGUNDO CA 90245 Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Tansaction Date (Month/Day/Year) (Month/Day/Y	C/O BEYOND MEAT, INC.	Officer (give title below) Other (specify below	1)
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) Date (Month/Day/Year) (M	EL SEGUNDO CA	Form filed by One Reporting Person	
1. Title of Security (Instr. 3) 2. Transaction (Month/Day/Year (Month/Day/Yea	.5.9)		—
Common Stock 05/06/2019 P 5,000 A \$25 5,000(1) D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of Derivative Security (Instr. 2. 3. Transaction 3A. Deemed 4. Transaction Code 5. Number of Derivative 6. Date Exercisable and 7. Title and Amount of Securities Underlying 8. Price of 9. Number of 10. Ownership 1.			ip (iiistii
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	3) Conversion of Exercise (Month/Day/Year) Execution Date, (Instr. 8) from the price of Derivative Price of Derivative		re of Beneficial ip (Instr.

Explanation of Responses:

1. Represents shares acquired pursuant to a directed share program in connection with the Issuer's initial public offering of Common Stock.

Remarks:

/s/ Mark J. Nelson, as Attorney-In-Fact for Ned D. Segal 05/08/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

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* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

* If the form is filed by more than one reporting person, see Is U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

POWER OF ATTORNEY

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya Rajan, and eac (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, complet (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best in the undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necess this Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersion of November, 2018.

/s/ Ned Segal

Signature

NED SEGAL Print Name