FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION ngton, D.C. 2

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL OMB Number 3235-0104 Estimated average burden

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												hours per res	ponse:	0.5
1. Name and Address of Reporting Person* 2. Date of Event I (Month/Day/Year) SOTO CARI 08/20/2019						3. Issuer Name and Ticker or Trading Symbol BEYOND MEAT, INC. [BYND]								
(Last) C/O BEYOND ME. 119 STANDARD S'		(Middle)				4. Relation (Check all X	ship of Reporting Pers applicable) Director Officer (give title be		10% Owner Other (specify b	elow)	08/22	2/2019	ginal Filed (Month/Day/Year)	
(Street) EL SEGUNDO	СА	90245	_				Ch	ef People Officer	r		6. Indiv X	Form filed by On	illing (Check Applicable Line) e Reporting Person re than One Reporting Person	
(City)	(State)	(Zip)												
				Table	I - Non-De	erivative S	ecurities Benefi	cially Owned						
1. Title of Security (Instr. 4)								3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)4.		. Nature of Indirect Beneficial Ownership (Instr. 5)				
Common Stock							2,537(1)		D					
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 4) 2. Date Exercisable and Expiration Date (MonthDayYear)					ate	(Instr. 4) Exercis of Deriv			4. Conversi Exercise Pr of Derivativ Security	ice	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Benefic Ownership (Instr. 5)	ial	
				Date Exercisable	Expiration Date	Title			Amount or Number of Shares	Security				

Stock Option (right to buy)

(3) 5,073 Stock Option (right to buy) 07/31/2029 Common Stock 176.04 D Explanation of Responses: 1. These shares represent restricted stock units ("RSUs") granted to the Reporting Person under the 2018 Equity Incentive Plan (the "Plan") on August 1, 2019; 1/16th of the total number of shares subject to the RSU award shall vest on November 1, 2019 and 1/16th of the total number of shares subject to the RSU award shall vest each quarter thereafter, such that the RSUs are fully vested on August 1, 2023, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

02/14/2028

(2)

2. Stock option granted under the Plan on February 15, 2018; the option vested and became exercisable as to 25% of the total shares on August 10, 2018, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on August 10, 2021, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

Common Stock

3. Stock option granted under the Plan on August 1, 2019; 1/48th of the total shares vests and becomes exercisable on September 1, 2019, and 1/48th of the total shares vests and becomes exercisable monthly thereafter such that the option is fully vested and exercisable on August 1, 2023, subject to an Executive Change in Control Severance Agreement between the Reporting Person and the Issuer, and subject to the Reporting Person's continued service to the Issuer.

Remarks:

Exhibit 24 Power of Attorney attached. This amendment is being filed solely to include the Power of Attorney that was inadvertently omitted in the original Form 3 filed on August 22, 2019. The holdings reported on this form are being re-reported solely for the purpose of filing Exhibit 24.

/s/ Mark J. Nelson, Attorney-In-Fact for Cari Soto	10/01/2019
** Signature of Reporting Person	Date

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38,263

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned as a Section 16 reporting person of Beyond Meat, Inc. (the "Company"), hereby constitutes and appoints Mark J. Nelson and Sowmya Rajan, and each of t (1) execute, deliver and file for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4, and 5 in (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5, comple (3) seek or obtain, as the undersigned's representative and on the undersigned's behalf, information on transactions in the Company's securities from any third party (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best i

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, <

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 6th day of August, 2019.

/s/ Cari Soto

Signature

CARI SOTO Print Name